

CRAMOND WALKERS

January to June 2024

For the first half of 2024 Cramond Walkers again have a varied programme on a mix of days. About two-thirds of walks are by car share from Barnton Avenue West (usually meeting 9.30 am) and the others do-able by bus or for any walk meet at the start. Most walks are around 8 to 12 km (5 to 8 miles). We recommend carrying a drink and packed lunch. Reports with photos are on Cramond Walkers Facebook page. Organisers are Fiona Black and Simon Gillam. For more details and any updates e-mail cramond.walkers@yahoo.co.uk.

Monday, 15 January Edinburgh East End : 5 km



To include Calton Hill, mews and colonies housing, refreshments at Thirsty Pallet (Elm Row). To be guided by Fiona. (No need to carry refreshments on this walk.) Meet 11.30 am at the north-east corner of St Andrew Square (near coffee kiosk).

Tuesday, 23 January Lochore Meadows : 7 km

After refreshments at Lochore Meadows visitor centre, an anti-clockwise circuit that heads north away from the loch, then west and south through woodland, finishing along the southern edge of the loch.

Meet 9.30 am at Barnton Avenue West or 10 am at Lochore Visitor Centre



Friday, 2 February Loch Leven : 11 km or 20 km



From Kinross we walk clockwise round the loch to Loch Leven's Larder for refreshments. Most will return by a similar route but we will offer the option to continue clockwise all the way round the loch.

Meet 9.30 am at Barnton Avenue West or 10 am at Kinross Kirkgate Park

Tuesday, 13 February Torphin to Currie : 6 km (option for more)



From Torphin bus terminus we walk up to Torduff and Clubbiedean reservoirs, then down Poet's Glen to Currie, where we can go to the Corner Cafe. Then catch the Lothian 44 back to Edinburgh, or continue as far as desired along the Water of Leith.

Travel to start by Lothian 16 bus to Torphin terminus for 10.30 am start (9.51 am from Lothian Road XE or 8.59 am from Silverknowes on long route via Leith)

Wednesday, 28 February Chatelherault : 10 km

After refreshments at the visitor centre, we head south on a 7.5 km clockwise circuit high above the Avon gorge. We can then do a 2.5 km circuit in the north of the park.

Meet 9.30 am at Barnton Avenue West or 10.30 am at Chatelherault Country Park visitor centre



Saturday, 9 March Aberdour Woods and Coast : 9 km



From the centre of Aberdour our route first heads north round Humbie Wood, then on farm tracks down to a strip of coastal woodland called The Heughs. We join the Fife Coastal Path to Silversands, then pass Hawkcraig Point, the harbour and Blacksands on the way back to Aberdour station.

Meet 9.45 am at Barnton Avenue West or 10.15 am at Aberdour station car park (note later meeting at BAW)

Thursday, 21 March Dawsholm Park and Canals : 10 km

From Kelvindale station in west Glasgow we proceed through Dawsholm Park, along a section of the River Kelvin Walkway then up to the Forth & Clyde canal at Maryhill Locks. We follow the canal to Spiers Wharf north of the city centre, then walk through the mainly pedestrianised streets to Glasgow Queen St station.



Meet 10.55 am at Glasgow Queen St station to catch train to Kelvindale (11.04 - 11.20 £2.80). Travel by train leaving Waverley 9.45 am, arrives 10.35 am, or bus 900 from Maybury arrives Buchanan bus station at 10.39 am.

Friday, 29 March Meikle Bin : 10 km (400 m ascent)



From the far end of the Carron Valley Reservoir, a good track leads to the summit of Meikle Bin (570m). Descent is by the same track.

Meet 9.30 am Barnton Avenue West or 10.30 am at far end of Carron Valley Reservoir.

Thursday, 11 April Dunning : 7 km

Starting and ending at the dog-friendly Kirkstyle Inn in Dunning, south-west of Perth (and north of Yetts of Muckhart). Walking route includes Dun Knock (site of hill-fort) and Pitcairn Den (shown on some maps as Pitcairns Glen).

Meet 10 am Barnton Avenue West or 11 am Dunning on-street parking (note later meeting at BAW)



Saturday, 20 April Dunkeld Lochs : 13 km



From the Cally car park off the A923 north of Dunkeld, we head north on a good track to a loch called Mill Dam. From there we continue north-west past Rotmell Loch and Dowally Loch to Raor Lodge, where we turn west part way to Dowally, then south to rejoin the Atholl Woods walk. Near the end we pass Polney Loch.

Meet 9.30 am Barnton Avenue West or 10.40 am Cally car park near Dunkeld

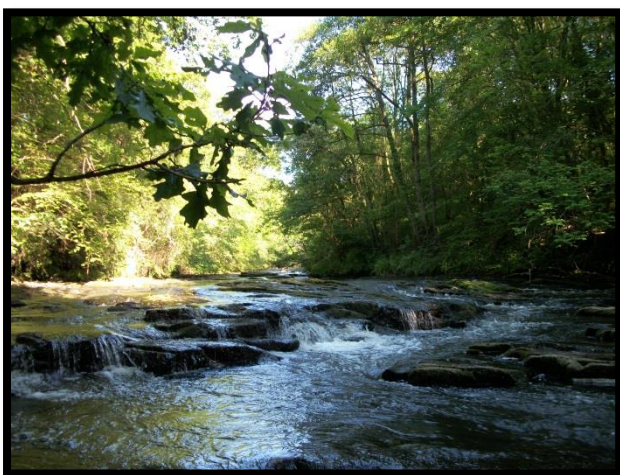
Tuesday, 30 April Nine Mile Burn to Balerno : 9 km (250m ascent)



From Nine Mile Burn our route climbs north up Monks Rigg over Cap Law (497m) to reach the bealach SW of West Kip. Then descend to Threipmuir, from where it is 2 km to the 44 bus terminus in Balerno.

A linear walk across the Pentlands so public transport. Bus 101A from Edinburgh bus station at 9.25 am or Lothian Road stop XE at 9.34 am arrives Nine Mile Burn 10.10 am.

Friday, 10 May Lanark's Three Valleys : 13 km



The walk starts through the quiet back streets of old Lanark then visits the three valleys of the Mouse Water, the Auchenglen Burn and the River Clyde before returning to Castlebank Park. About a third of the walk is along lanes, but most of the way is on footpaths. There is a café at Castlebank Park.

Meet 9.30 am Barnton Avenue West or 10.30 am Castlebank Park in Lanark.

Tuesday, 21 May Melrose Eildon Circuit : 9 km (240m ascent)

After refreshments in Melrose, we walk south on St Cuthbert's Way between the first two Eildon Hills. We turn east to go through woodland to Eildon, where we join the Borders Abbeys Way, pass the Rhymer's Stone, then divert to see the site of the Trimontium Roman fort on the way to Newstead. Our route back to Melrose is along the Priorswalk.



Meet 9.30 am Barnton Avenue West or 10.45 am at south end of Abbey Street in Melrose

Thursday, 30 May Cademuir from Peebles : 9 km (220m ascent)



From Kingsmeadow car park we go by the John Buchan Way to Cademuir Forest. There we follow the 6km figure-of-8 Pilots Trail (red waymarks) that includes the summit of Cademuir Hill (415m) with panoramic views of the Tweed valley. Return from Cademuir by the same route.

Meet 9.30 am Barnton Avenue West or 10.20 am Kingsmeadow car park in Peebles

Thursday, 13 June Devilla Forest Four Lochs : 10 km

From Devilla forest car park we start west on the Red Squirrel trail to pass Bordie Loch. We go clockwise on other good paths to pass the much larger Moor Loch and Peppermill Dam, then the small Keir Dam.

Meet 9.30 am Barnton Avenue West or 10 am Devilla Forest car park (off A985, 2 miles before Kincardine)



Saturday, 22 June Midsummer Outing to Kirkcaldy : 6 km or 11 km



At Kirkcaldy Galleries (near rail station) we can browse the picture galleries and museum at our leisure, then walk to Beveridge Park for a midsummer picnic. From the south of the park we take the Wizard's Walk north through woodland, then pass Raith Lake and on to the A910 which leads to the station. Option near the end for some to add a 5

km mainly woodland circuit of Raith Estate and Longbraes.

Meet around 10.30-10.40 am at Kirkcaldy Galleries. Travel by bus from Barnton (X60 9.42-10.28 or earlier X61 or X58) or train (eg Edinburgh Gateway 9.47 arr 10.22)

**Cramond Walkers
January 2024**