CRAMOND WALKERS

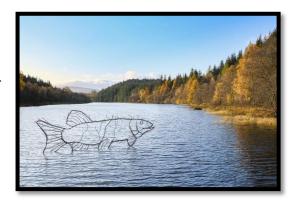
September - December 2024

For autumn 2024, Cramond Walkers again have a varied programme on a mix of days. Most walks are by car share from Barnton Avenue West (usually meeting 9.30 am) and the others do-able by bus. Most walks are around 8 - 12 km (5 - 8 miles). We recommend carrying a drink and packed lunch. Reports with photos are on the Cramond Walkers Facebook page. Organisers are Fiona Black and Simon Gillam. For more details and any updates e-mail cramond.walkers@yahoo.co.uk.

Tuesday 17 Sept: Lochan Spling and Doon Hill from Aberfoyle 10.5 km

From Aberfoyle round Lochan Spling (6 km) is a pleasant low-level walk in the heart of the Trossachs, with some sculptures along the route, followed by a circuit to Doon Hill and its cloutie tree (4.5 km, 120 m ascent), a shortened version of www.walkhighlands.co.uk/lochlomond/doon-hill.shtml

Meet Barnton Avenue West at 9.30 am or Aberfoyle main car park (near Wool Centre) at 10.40 am.



Friday 27 Sept: The Hermitage, Pine Cone Point and Niel Gow's Oak 10.5 km



From the Hermitage car park, we walk beside the River Braan passing Ossian's Hall then climb to Pine Cone Point. After descending we head north, then walk south beside the Tay, passing Niel Gow's Oak, and after Inver we return to the Hermitage.

www.walkhighlands.co.uk/perthshire/inverwalk.shtml

Meet Barnton Avenue West at 9.30 am or Hermitage car park near Dunkeld at 10.30 am

Wednesday 9 October : Pollok Country Park

Starting from Corkerhill station and ending at Pollokshaws West station, the route through Pollok Country Park mixes main tarmac tracks with occasionally muddy woodland paths. Picnic lunch near a duck pond on the north side of the park. Anyone wanting to extend the outing can visit the amazing Burrell Collection (free entry, no dogs, cafe and takeaway), but Pollok House (NTS) and its tea room are closed for renovation until late 2025.

Train or bus Edinburgh to Glasgow. Then train from Glasgow Central to Corkerhill at 11.08 (£3.20), at the end train from Pollokshaws West to Glasgow Central (£2.90).

8 km





The circular walk east of Scone (9 km, 250m ascent) includes two hilltop monuments and a descent across a golf course followed by a short walk to the west through Quarrymill Woodland Park (2 km) where there is an excellent cafe. www.walkhighlands.co.uk/perthshire/scone.shtm

Meet Barnton Avenue West at 9.30 am or the car park near Scone Old Parish Church at 10.20 am

Friday 25 October: Shale Trail and Uphall Station Loop 15 km

Park/train to Uphall Station and then follow Shale Trail through Uphall and Broxburn (where it runs along the Brox Burn), then join the Union Canal to Lin's Mill Aqueduct, descend to walk beside the canal feeder stream to Almondell visitor centre before continuing beside the River Almond to Camps Viaduct, where we rejoin the Shale Trail to head NW to Uphall Station. Mostly flat and on good paths, except for



aqueduct to Almondell (for which we will offer an alternative by the cycle route) and the climb to the viaduct (for which a longer cycle loop is available). https://shaletrail.co.uk/

Meet Barnton Avenue West at 9.30 am or Uphall Station at 10 am (far end of the car park south of the station)

Friday 8 Nov: Ben Shee circuit from Glen Sherup woodland car park 9.5 km



The route climbs gently into the forest then descends to cross the grassy dam of Glensherup reservoir. We then take a clockwise circuit of Ben Shee, with the option of a short detour to the summit (300m ascent), then return to the reservoir. After the walk, refreshments at Powmill on A823.

Meet Barnton Avenue West at 9.30 am or Glen Sherup woodland car park beyond Glendevon village at 10.10 am

Tuesday 19 November: Water of Leith from Balerno 9 km (option for more)

Travel by new 32 bus from Barnton to Balerno High School. Walk to Water of Leith centre at Slateford (9 km) or beyond.

www.walkhighlands.co.uk/lothian/water-of-leith-1.shtml

Meet Barnton shops bus stop to catch 32 bus at 9.45 am or Balerno High School at 10.20 am



Wednesday 27 November: Oatridge and Beecraigs





Two walks in West Lothian. We start with two short loops (total 3 km) from Oatridge Campus near Ecclesmachan. Then a 4-mile drive to Beecraigs Visitor Centre car park, to walk the green-waymarked circuit to Cockleroy (3.5 km), with an optional ascent to the great viewpoint of Cockleroy Hill (adding 1 km and 60m ascent).

Meet Barnton Avenue West at 9.30 am or Oatridge Campus main car park at 9.50 am

Thursday 5 December: Seven Lochs Trail 10 km

The Seven Lochs Trail is a great way to explore the Seven Lochs Wetland Park. This signposted trail links Drumpellier Country Park on the edge of Coatbridge to Hogganfield Park in Glasgow. Transport from end of walk to be decided.

www.sevenlochs.org/things-to-do/seven-lochs-trail/

Meet Barnton Avenue West at 9.30 am or Drumpellier Country Park in Coatbridge at 10.20 am



Saturday 14 December: Abercorn to Blackness and back 7.5 km



A walk along the Forth, past Blackness Castle then into the village where we can enjoy refreshments at the Lobster Pot, before returning to Abercorn.

Part of John Muir Way

www.walkhighlands.co.uk/lothian/linlithgow-queensferry.shtml

Meet Barnton Avenue West at 10.30 am or Abercorn at 10.50 am